

**Students**

**Alcohol, Drugs and Tobacco**

**Steroid Use**

The Board of Education recognizes that the illegal and/or inappropriate use of androgenic/anabolic steroids constitutes a health hazard to the students of this District and, therefore, prohibits the use, possession or sale of non-prescriptive steroids. The use of physician prescribed steroids is exempt for the interpretation of this policy.

All students including those participating in athletics are prohibited from using anabolic steroids or any other performance-enhancing drugs. Coaches shall inform all student athletes about this prohibition and the dangers of using such drugs.

The Superintendent or his/her designee shall ensure that students in grades 7-12 receive instruction on the effects of anabolic steroids and performance enhancing drugs as part of their science, health, physical education or drug education program.

(cf. [5131.6](#) - Alcohol, Drugs and Tobacco)

(cf. [6164.11](#) - Drugs, Tobacco, Alcohol-Instruction)

Legal Reference: Connecticut General Statutes

[10](#)-16b Prescribed courses of study.

[10](#)-221(d) Boards of education to prescribe rules.

21 U.S.C. 812 Controlled Substance Act

Policy adopted: August 18, 2008